**Sclerotherapy of Varicose, Reticular, and/or Spider Veins**

**Procedure:**

Sclerotherapy is a medical procedure used to eliminate varicose veins and spider veins by injecting a solution (generally a salt solution) directly into the vein. The solution irritates the lining of the blood vessel, causing the veins to collapse.

**How many treatments will be needed?**

On average two to four treatments may be needed. The number of treatments vary from patient to patient, depending on the condition and extent of the varicose veins and spider veins.

**Risks:**

Complications that may occur but are not limited to:

1. Bruising
2. Raised red areas or small skin sores
3. Darkened skin in the form of lines or spots
4. Multiple tiny red blood vessels
5. Inflammation
6. Blood Clot
7. Allergic Reaction

**Benefits:**

Sclerotherapy may decrease inflammation, aching, and other pains caused by varicose, reticular, and spider veins. Other benefits include effectively reducing or eliminating unsightly varicose, reticular, and spider veins.

**Preparing for your Sclerotherapy Procedure:**

*Medications:*

1. Avoid taking antibiotics 7-10 days before and after Sclerotherapy. Antibiotics may possibly cause staining of the skin.
2. Do not take aspirin, ibuprofen, or other anti-inflammatory medications for 48 hours before and after sclerotherapy, because these medications may interfere with the action of the sclerosing agent or increase bleeding.
3. Tylenol is permitted.
4. Prednisone makes the sclerosing agent less effective. Ask the doctor who prescribed your prednisone if it can be safely discontinued for 48 hours before the sclerotherapy procedure.

*Other Guidelines before having procedure:*

No lotion should be applied to the legs before or after sclerotherapy.

Bring a pair of shorts to wear for procedure

**We will provide you with (20-30 mmHg or 30-40 mmHg) on the day of your procedure.**